

Hand washing Procedure



1. Moisten hands with warm water and use liquid soap (***Antibacterial soap cannot be used***)
2. Rub hands together for 20 seconds (sing 2 verses of “Row, Row, Row Your Boat”)
3. Rinse hands free of soap under running water
4. Dry hands with a clean, disposable paper towel or air dry with blower
5. Turn faucet off with a disposable paper towel
6. Throw the used paper towel into a hands-free trash container

Who needs to wash hands?

ANY child who has neck control (those infants without neck control need to have hands wiped with a baby wipe instead)

ALL adults whenever necessary

Hand sanitizer may be used by adults and children 2 years of age and older when hands are not visibly dirty
Children must be closely supervised when using
Hand sanitizers must contain 60-95% alcohol

When to wash hands:

- Immediately after checking diapers, toileting, and diapering and before adult or child touches any other object in the room
- Before prepping the meal/bottle and in between each child that is fed
- Before and after eating as well as after any re-contamination (touching children, toys, materials, or the floor)
- When entering the classroom upon arrival or re-entry from outside
- Before water play
- After sand, water, or messy play
- After dealing with bodily fluids
- After touching pets or contaminated objects

Reminders:

- Gloves, Hand Sanitizer, and Baby wipes do NOT substitute for hand washing
- All hands must be washed individually
- Antibacterial soap cannot be used, but may be subject to waiver in medical facilities or for medical reasons