Think about your child care setting and then answer these questions. Write YES or NO next to each item. Then go back and circle all the “no” answers for immediate attention.

1. _____ Are diapering, food preparation, and feeding areas separate?
2. _____ Do adult sinks in both the changing and the feeding areas have warm running water?
3. _____ Are hand washing procedures posted?
4. _____ Are liquid soap and disposable towels available for hand washing?
5. _____ Are toothbrushes and personal items labeled and stored separately?
6. _____ Is information on children’s food allergies and medical needs readily available?
7. _____ Are food preparation and feeding areas cleaned after each use?
8. _____ Are pillow and cushion covers machine washable?
9. _____ Are couches, cots/mats, and soft furnishings easy to clean?
10. _____ Are children assigned individual cribs, cots, or rest mats?
11. _____ Are cribs, cots, and rest mats placed at least 3 feet apart or when in use unless separated by a solid divider with 18 inches apart?
12. _____ Are sleeping mats and cots covered with machine washable sheets?
13. _____ Is there a regular, frequent schedule for cleaning bedding?
14. _____ Is there a regular, frequent schedule for cleaning and disinfecting toys, walls, floors, and rugs?
15. _____ Are procedures in place to remove mouthed toys from play before they pass from one child to another?
16. _____ Are mouthed toys washed and disinfected before being returned to use?