

For information about water safety programs, contact us at 239- 552-7788 or visit us at www.safehealthychildren.org



Protect your child from drowning *inside your home*



Children love to play with water. But water can be dangerous. To protect your children follow these *Safer 3* rules:

- 1. For Safer Water,** make it hard for children to get to water without you.
- 2. For Safer Kids,** watch children carefully when they are in or near water and teach them to swim.
- 3. For Safer Response,** learn CPR and know what to do in an emergency.

A bucket can be full of danger.



Maria mopped the kitchen floor as her 9-month-old son José played nearby. Suddenly a pot of soup she was cooking boiled over. Maria ran to the stove to turn down the heat. When she turned around, Maria screamed. José's legs were sticking out the bucket.

✓ **Check the ways you can protect your baby from drowning in containers:**



- Pick up anything that holds water. Babies can drown in buckets, coolers with melting ice, outdoor planters and pet water dishes. A baby can drown in only two inches of water.
- Store outside containers, like planters, upside down so they don't fill up with rain water. Never leave your child alone in a room where there is a container full of water.
- Learn how to do CPR.

Thank goodness Maria had taken a CPR class and knew what to do. José spent two days in the hospital. But he is OK now. Maria knows she is very lucky. ❖

Bathrooms have many dangers.



Sue got scared when her 15-month-old son Joey was not sleeping in his crib where she had left him. When she found him, Joey was in the bathroom, playing with a toy in the toilet bowl.

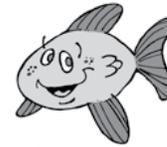
✓ Check the ways you can protect your baby from drowning in the bathroom:

- Put a child safety lock on the toilet seat.
- Put a child safety door knob cover on the bathroom door and keep the door closed.
- Drain the bathtub right away after each use.

Sue knew Joey loved to play with water and he would keep trying to get into the bathroom when she wasn't looking. So Sue bought some safety items that made it harder for Joey to get into trouble. ❖



Keep your child safer at bath time.



Tonisha was giving her 1-year-old son, Kanye, a bath. But when she reached for the towel to dry him, it was wet. She needed a dry towel from the hallway closet.

✓ Check the ways you can make bath time safer for your baby.

- Stay in the bathroom and keep your eyes on your child at all times.
- Don't depend on baby bath rings or seats. Babies can slip out of them or tip over.
- Allow only careful adults to give your child a bath.
- Tell grandparents, babysitters and others who care for your child to follow your bath time safety rules.

Tonisha knew it was dangerous to leave her son in the bathtub alone. Last year a neighbor's child drowned when the mother left him in the tub to answer the phone. So Tonisha picked Kanye out of the bathtub, wrapped him in the wet towel and took him with her to get a dry towel from the hall closet. ❖



Keep watch on him always!

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