GUIDE FOR SANITIZING OR DISINFECTING

What is the difference between sanitizing and disinfecting?

SANITIZING PROCEDURES

**AREAS:** Food Contact Surface Areas (tables, dishes, utensils, highchair trays, toys that children may place in their mouths, and pacifiers)

1. Clean using a soapy water solution applied as a spray and wiped with a disposable paper towel.

2. **Sanitize** using a solution such as bleach/water applied as a spray (1 Tablespoon of bleach + 1 gallon of cool water) or with an *EPA sanitizer.

3. Let stand for 2 minutes or allow to air dry.

*Only a sanitizing product with an EPA registration number on the label can be used in exchange for bleach/water. The manufacturer’s instructions must be followed as specified on the label.

DISINFECTING PROCEDURES

**AREAS:** Toilet and Diapering Areas (non-porous surfaces such as diaper changing tables, counter tops, toilets and potty chairs, door and cabinet handles, diaper pails, hand washing sinks and faucets)

1. Clean using a soapy water solution applied as a spray and wiped with a disposable paper towel.

2. **Disinfect** using a solution such as bleach/water applied as a spray (1-3 Tablespoon of bleach + 1 quart of cool water) or with an *EPA disinfectant.

3. Let stand for 2 minutes or allow to air dry.

*Only a disinfecting product with an EPA registration number on the label can be used in exchange for bleach/water. The manufacturer’s instructions must be followed as specified on the label.