

Location: \_\_\_\_\_

# Safe Sleep Questionnaire

Date: \_\_\_\_\_ Age: \_\_\_\_\_

Please check one:            Hispanic      White      Haitian      Black      Other

Where was your baby born?    Collier    Lee    Hendry    Other \_\_\_\_\_

- 1. Positioning a baby on the back for sleep protects against SIDS True    False
- 2. SIDS is the number one cause of death in infants less than 1 yr True    False
- 3. Smoking around the baby can increase the risk of SIDS True    False
- 4. A sleep positioner in the crib can help prevent SIDS True    False
- 5. Bumpers are safe and can help prevent infant injuries True    False
- 6. Breastfeeding may protect against SIDS True    False
- 7. Pacifier use is safe and may protect against SIDS True    False
- 8. Bed sharing with parents is safe and desirable True    False
- 9. Blankets, pillows, and loose object in the crib are dangerous True    False
- 10. Side-sleeping is just as safe as back-sleeping True    False

I learned about infant safe-sleep practices from (please circle all that apply)

- Prenatal class
- Obstetrician
- The hospital where I delivered my baby
- My baby's doctor/pediatrician
- WIC office
- Daycare
- Other (please specify) \_\_\_\_\_

