Safe Sleep Questionnaire

Date:________________________ Age:________________________

Please check one: Hispanic White Haitian Black Other

Where was your baby born? Collier Lee Hendry Other ____________

1. Positioning a baby on the back for sleep protects against SIDS True False
2. SIDS is the number one cause of death in infants less than 1 yr True False
3. Smoking around the baby can increase the risk of SIDS True False
4. A sleep positioner in the crib can help prevent SIDS True False
5. Bumpers are safe and can help prevent infant injuries True False
6. Breastfeeding may protect against SIDS True False
7. Pacifier use is safe and may protect against SIDS True False
8. Bed sharing with parents is safe and desirable True False
9. Blankets, pillows, and loose object in the crib are dangerous True False
10. Side-sleeping is just as safe as back-sleeping True False

I learned about infant safe-sleep practices from (please circle all that apply)
   Prenatal class
   Obstetrician
   The hospital where I delivered my baby
   My baby’s doctor/pediatrician
   WIC office
   Daycare
   Other (please specify) ____________________________________________

Location: _______________________