

OTHER DISASTER PREPAREDNESS INFORMATION

**HELPING CHILDREN COPE WITH DISASTER**

- 1. Reassure the children they will not be left alone and you are there to protect them.**
- 2. Be aware of changes in a child's behavior but also know that some children may not outwardly show distress.**
- 3. Keep to routines as much as possible, naps, meals, etc.**
- 4. Avoid allowing children to watch or listen to news coverage.**
- 5. Give simple but truthful answers to questions and make sure children understand your answers.**
- 6. Give children opportunities to express their feelings through activities such as play acting, drawing, storytelling, painting, etc**
- 7. Be especially supportive of the children's feelings and need to be close. Give lots of hugs, smiles and kind words.**
- 8. Reassure children that they are not responsible for the disaster.**
- 9. If possible take a moment away from the children and make sure you address your own fears and anxieties by talking with other adults.**

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DISASTER LETTER TO SEND TO PARENTS

Dear Child Care Parents/Guardians

DATE \_\_\_\_\_

Near the sign-in desk you will find a copy of our "Crisis/Disaster Response Handbook". Please take the time to read and become familiar with our procedures. With the implementation of this handbook you can rest assured I will do everything I can to protect your child in the event of a crisis or disaster.

With any disaster or crisis, your cooperation is necessary for the following:

- 1. Encourage and explain to your child why the best place for them is at childcare.**
- 2. Explain that if you are unable to pick them up quickly, I will care for them until you or your emergency contact comes to get them.**
- 3. Please do not immediately telephone the child care. Telephone lines will be needed for emergency personnel. Please call the center's out-of-area contact for information, which is \_\_\_\_\_.**
- 4. Listen to \_\_\_\_\_ radio and tv for information.**
- 5. Include an out-of-state contact for your children.**
- 6. Provide 72 hour emergency kit for your children with medications or medical equipment your child may need.**

I will care for your child until you or your designee is able to reach them. Be sure to keep your child's emergency release card updated. Children will only be released to those specified by you. I will also utilize the phone numbers on the emergency release card should we need to re-locate to our alternate site, which is \_\_\_\_\_.

If local telephone lines re unavailable, utilize your out-of-state contact number for information. If possible, I will call that number to give information on your child and to see if you have left any information for us.

Thank-you for your attention to this matter. Please feel free to contact the child care if you have any questions. After reviewing the plan this page should be completed and returned to the provider.

Keeping your children safe,

### LETTER FOR PARENTS

I have received information regarding your child care's out-of-area emergency contact.

I understand that your child care has established policies to respond appropriately to a disaster.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please provide the following information for the child care's emergency records:

Child's name \_\_\_\_\_

Child's out-of-area (100+ miles away): \_\_\_\_\_

Emergency contact  
name \_\_\_\_\_  
\_\_\_\_\_

Local contact (nearest acquaintance) \_\_\_\_\_

### FIRST AID KIT

- 1" INCH WIDE NON-ALLERGIC ADHESIVE TAPE
- ASSORTED SIZES OF BANDAGES
- 2 ROLLS OF CLING GAUZE
- COTTON BALLS
- DISPOSABLE PROTECTIVE GLOVES
- 2" WIDE GAUZE PADS
- THICK GAUZE PADS OR SANITARY NAPKINS
- ICE PACK OR CHEMICAL ICE PACK
- PUMP TYPE NON-PERFUMED SOAP
- OPERATING FLASH LIGHT
- SAFETY PINS
- SCISSORS
- TRIANGLE TYPE SLING
- ORAL THERMOMETER OF FEVER STRIP
- TWEEZERS
- DISPOSABLE WASHCLOTHS FOR CLEANSING WOUNDS

## GENERAL SUPPLIES

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| <ul style="list-style-type: none"><li>• Three day supply of non-perishable food</li><li>• Three day supply of water</li><li>• Infant food, bottles and formula</li><li>• One complete change of season appropriate clothing</li><li>• Extra blankets</li><li>• Item that would make all children easily recognizable (bright bandanas)</li><li>• Ready to go file</li><li>• Attendance sheets</li><li>• Sign In and Sign Out sheets</li><li>• Copies of all contact lists</li><li>• Copies of all emergency cards with signed emergency medical care release</li><li>• Copies of care plan for children with special needs</li><li>• Program essential papers</li><li>• Map of area</li><li>• Written directions to designated evacuation site</li><li>• Money in waterproof container</li><li>• Pen and paper</li><li>• Radio-battery powered</li></ul> | <ul style="list-style-type: none"><li>• Flashlight and extra bulb</li><li>• Extra batteries</li><li>• Charged cell phone</li><li>• Whistle (enough for all children who know how to use)</li><li>• Vehicle keys</li><li>• Matches in a waterproof container</li><li>• Tools</li><li>• Plastic sheeting (30 gallon garbage bags)</li><li>• Duck tape</li><li>• 5 gallon bucket</li><li>• Household bleach</li><li>• Wet towelettes</li><li>• Antiseptic wipes</li><li>• Hand sanitizer</li><li>• Toilet paper</li><li>• Diapers and wipes</li><li>• Non-latex gloves</li><li>• Scissors</li></ul> |
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## Grab and Go Bags

Create a special bag for each child. In a large gallon zip lock bag and add the following items:

- Family Pictures
- Laminated emergency card
- 4-6 crayons
- Small spiral bound notepad
- Board book

Have parents make these and bring them in. Then keep them in the 5 gallon buckets for emergency.

## Fun in a Bag

Fill two back packs with self contained activities for children to occupy their time while waiting if in a shelter-in place:

- Electronic hand held games
- Paper
- Markers/crayons
- Puzzles
- Building manipulatives
- Animals
- People
- Books

## Other Ideas:

**Use large rolling trashcans with cover to store emergency kits, supplies and water and non-perishable food items**

**Copy and laminate a complete set of emergency cards for all children and staff. Attach to a ring and keep in a zip lock bag with supplies**