

## Resources to Help Children Cope with Hurricanes and other Disasters

ONLINE AND PRINTABLE RESOURCES
<ul style="list-style-type: none"> <li>• <b>Sesame Street</b> – many printable resources and guidance <a href="https://sesamestreetincommunities.org/topics/emergency-preparedness/">https://sesamestreetincommunities.org/topics/emergency-preparedness/</a></li> </ul>
<ul style="list-style-type: none"> <li>• <b>Children’s Health Queensland Hospital and Health Service</b> Birdie Stories – online flipbooks available in multiple languages. <a href="https://www.childrens.health.qld.gov.au/chq/our-services/mental-health-services/qcpimh/natural-disaster-resources/storybooks/">https://www.childrens.health.qld.gov.au/chq/our-services/mental-health-services/qcpimh/natural-disaster-resources/storybooks/</a></li> </ul>
<ul style="list-style-type: none"> <li>• <b>Open access CDC</b> (Centers for Disease Control and Prevention) has created an activity book to offer parents and educators an interactive way to talk to kids about how to cope after a disaster. It can be used in schools, communities, and families to help children talk about their feelings after a disaster and learn positive ways to express their emotions in uncertain times. <a href="https://www.cdc.gov/cpr/readywrigley/documents/RW_Coping_After_a_Disaster_508.pdf">https://www.cdc.gov/cpr/readywrigley/documents/RW_Coping_After_a_Disaster_508.pdf</a></li> </ul>
GUIDANCE
<ul style="list-style-type: none"> <li>• <b>National Child Traumatic Stress Network Hurricane Resources</b> <a href="https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/hurricane-resources">https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/hurricane-resources</a></li> </ul>
CHILDREN’S BOOKS AND BOOK LISTS
<ul style="list-style-type: none"> <li>• <b>Child Care Aware list of books</b> <a href="https://www.childcareaware.org/wp-content/uploads/2020/03/EP-book-list.pdf">https://www.childcareaware.org/wp-content/uploads/2020/03/EP-book-list.pdf</a> Some open access and others for purchase</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Scholastic list of books</b> <a href="https://www.scholastic.com/parents/books-and-reading/book-lists-and-recommendations/science-nature/talk-to-your-kids-about-hurricanes.html">https://www.scholastic.com/parents/books-and-reading/book-lists-and-recommendations/science-nature/talk-to-your-kids-about-hurricanes.html</a></li> </ul>
<ul style="list-style-type: none"> <li>• <b>Forbes list of books</b> <a href="https://www.forbes.com/sites/tarahaelle/2017/08/30/8-books-to-help-children-understand-disasters-and-cope-with-anxiety/?sh=fba0242e960b">https://www.forbes.com/sites/tarahaelle/2017/08/30/8-books-to-help-children-understand-disasters-and-cope-with-anxiety/?sh=fba0242e960b</a></li> </ul>
<ul style="list-style-type: none"> <li>• <b>The Big Storm: A Story and Guide to Help Children Overcome Trauma from a Natural Disaster</b> (~\$9) <a href="https://www.amazon.com/Big-Storm-Children-Overcome-Disaster/dp/169064544X">https://www.amazon.com/Big-Storm-Children-Overcome-Disaster/dp/169064544X</a></li> </ul>
<ul style="list-style-type: none"> <li>• <b>When the Hurricane Blew</b> This book was written by a team of 4th grade kids (affectionately known as "Mann's Miracles") who have personally experienced direct hits from two major hurricanes within a single year and the resulting devastation to their Gulf Breeze, Florida community. The book is difficult to find in bulk, however. (~\$17-20) <a href="https://www.amazon.com/When-Hurricane-Blew-Manns-Miracles/dp/0977356906">https://www.amazon.com/When-Hurricane-Blew-Manns-Miracles/dp/0977356906</a></li> </ul>